



FRENCH PARROT - PRONUNCIATION CHEAT SHEET

Mastering French U vs OU: The Easy Pronunciation Guide

FRENCH U /y/

Examples: tu, rue, vu, jus

Tongue: forward

Lips: rounded

Start from "EE", then round the lips.

FRENCH OU /u/

Examples: tout, roue, vous, rouge

Tongue: farther back

Lips: rounded

Similar starting point to English "too".

THE GOLDEN RULE

Both sounds use rounded lips. U keeps the tongue forward; OU moves it farther back.

THE EE-TO-U TECHNIQUE

- 1 Say a long EEEE sound, as in see.
- 2 Keep the tongue in its forward position.
- 3 Round the lips without pulling the tongue backward.
- 4 Hold the vowel briefly, then try tu or rue.

MINIMAL-PAIR PRACTICE

FRENCH U	FRENCH OU	MEANING
tu	tout	you / all
rue	roue	street / wheel
dessus	dessous	above / below

5-MINUTE DAILY ROUTINE

- Minute 1 - EE -> U -> EE -> U
Minute 2 - vous, tout, roue, rouge
Minutes 3-4 - tu/tout, rue/roue, dessus/dessous
Minute 5 - listen, identify, then imitate